



TOUR PROSPECTUS

This prospectus sets out the contents of the tour and together with the Booking Conditions and Booking Form is the basis of our contract with you.

Montenegro 5 - 18 June 2010 Tour 1021

This is a moving on tour with luggage transfer and emergency vehicle support. Europe's newest country, although small, packs in an amazing variety of scenery. The route includes all of the highlights, including Kotor Bay and the Adriatic Fjords, Lake Skadar, the Tara Canyon, Dermitor National Park and the Piva River Canyon basin at Pluzine. There are some demanding climbs but roads are generally in good condition. Opportunity to take the ferry from Cavtat to Dobrovnik. Suitable for fit cyclists able to cycle up to 100kms per day, with some rest days.

Itinerary

- Sat 5 June Fly from London Gatwick to Dubrovnik on British Airways flight no. BA2882, departing 0950, arriving 1340. Vehicle transfer to Dobrota near Kotor. Stay 1 night.
- Sun 6 June Cycle to Njegoski via the medieval walled town of Kotor. Time to explore Kotor. Climb the Black Mountain (28kms uphill). Total distance 56kms. Stay 1 night.
- Mon 7 June Cycle to Virpazar. 58kms. Stay 2 nights.
- Tues 8 June Free day for sightseeing. Explore Skadar Lake. Optional cycling – route suggestions available.
- Wed 9 June Vehicle transfer to Biocce (50kms). Cycle to Kolasin. 62kms. Stay 1 night.
- Thurs 10 June Cycle to Zabljak via Tara Gorge. 90kms. Stay 2 nights.
- Fri 11 June Free day for sightseeing or optional cycling in Dermitor National Park.
- Sat 12 June Cycle to Pluzine via Dermitor Park. 57kms. Stay 1 night.
- Sun 13 June Cycle to Niksic. 63kms. Stay 1 night.
- Mon 14 June Cycle to Danilovgrad via Ostrog Monastery. 70kms. Stay 1 night.
- Tues 15 June Cycle to Njegoski via Cevo. 55kms. Stay 1 night
- Wed 16 June Cycle to Cavtat in Croatia via Kotor Bay. 100kms. Stay 2 nights.
- Thurs 17 June Optional ferry to Dubrovnik to explore walled city or relax on the beach at Cavtat.
- Fri 18 June Transfer by coach to Dubrovnik airport for return British Airways flight no. BA2883, to London Gatwick, departing 1420, arriving 1630. Tour ends.
- Mileage 56 – 100 kilometers per day

Luggage carrying

A coach will be provided for the transfer of the group and bikes from Dubrovnik airport to Dobrota, from Virpazar to Biocce, and from Cavtat to Dobrovnik airport. The luggage will be transferred by vehicle between destinations.

Accommodation and meals

Accommodation will be in 3 or 4 star hotels, usually with en-suite facilities. Rooms are based on two people sharing. All breakfasts are included. Vegetarian food should be available, but choice may be limited.



Price - £1380

The price is based on a minimum number of 14 participants taking part in the tour and is calculated at a rate of 1.07 euros to £1 sterling (based on exchange rates published in the national press on 19 September 2009; please note Booking Conditions, clause 4). If there are insufficient bookings by the closing date of 27 March 2010 we will contact you and return all monies paid, though in certain circumstances the tour may still run at below minimum numbers but at the same price.

Price includes:

- Return flights London Gatwick to Dubrovnik
- 13 nights hotel accommodation, breakfast only basis, sharing rooms
- Vehicle transfers from Dubrovnik airport to Dobrota, from Virpazar to Biocce, and from Cavtat to Dubrovnik airport
- Support vehicle for luggage transfer
- British Airways cycle carriage charge - £35 each way
- CTC Cycling Holidays & Tours costs

Price does not include:

- Meals in transit
- Any other meals except breakfasts
- Entry fees to any attractions – budget £20
- Ferry from Cavtat to Dubrovnik – budget £12 return
- Any other personal expenses
- Travel Insurance

Payment schedule

A deposit of £200 per person must accompany the Booking Form, with the final balance of £1180 per person to be paid ten weeks prior to departure, by 27 March 2010. Cheques should be made payable to **CTC Tours** or complete the credit/debit card slip in the booking pack.

Cancellations

Should you be forced to cancel your booking for any reason you must notify us in writing. Cancellation charges are as follows:

Written notice received:	Cancellation charge:
Before 27 March 2010	Deposit (£ 200)
27 March 2010 through to departure	100% (£1380)

To make a booking

Complete, sign and return the Booking Form together with your deposit and the relevant part of the Travel Insurance Declaration Form **directly to the leader** (address on Booking Form).

Passports, Visas and Health

EU citizens must hold a passport that is still valid for at least six months at the end of the tour. A visa is required for EU passport holders. Holders of non-EU passports are advised to check whether they require a visa.

There are no compulsory vaccinations for EU residents although it is strongly recommended that your tetanus protection has not expired.

Travel Insurance

It is a condition of booking that you are adequately insured for this tour.

Whether you already hold a policy or will be taking out a new one, the cover it offers must be comparable to that stated in clause 8 of the Booking Conditions, and you must complete the enclosed Insurance Declaration Form and return it with your Booking Form.

CTC Cycling Holidays & Tours Ltd can accept no responsibility for any costs you may incur due to insufficient insurance cover.

LEADER'S INFORMATION SHEET

The information below is given by the tour leader to help enquirers decide if the tour is suitable for them.

Montenegro

5 - 18 June 2010

Tour 1021

The area covered by the Tour

Montenegro is Europe's youngest country having declared its independence in 2006. The scenery is superb and varied and traffic volumes are low outside of towns. We have carried out a full reconnaissance of the country and have put together a route that includes all of the highlights. We cycled the route in 2009. Additional photographs of Montenegro can be viewed on our website www.comebiking.com.

Rides and rest days

This tour is classified as suitable for experienced touring cyclists. On several days there are demanding climbs but the distances are generally modest and a support vehicle will carry all luggage. It is not practical to ride as one group and you are free to progress at your own speed. We will regroup occasionally throughout the day. A map and route instructions will be provided.

There will be three "rest" days, two of which have out and back cycling options. The last rest day offers the opportunity to visit Dubrovnik in neighbouring Croatia by ferry.



Accommodation / Meals

The accommodation we have selected is of a good standard and in convenient locations. Dinner (not included) will be taken at the hotel or we will suggest a local venue.

Group information

The maximum group size will be 20 including the leaders.

Weather and Clothing

The route starts and ends on the Adriatic Coast and warm sunny weather is the norm in June. At the northern end of the route, we will be in mountainous country and you should carry suitable clothing for cold or wet spells should these occur.

Cycles / Equipment

The entire route is surfaced and roads are generally in good condition. Road bikes, touring bikes and lightweight mountain bikes will all be suitable if geared for long climbs. Ensure that your bike is well maintained and that you have tools and spares for simple roadside adjustments and puncture repairs. You will not need to carry luggage as this will be transferred. but a bar bag, rack pack or saddlebag will be needed for wet weather gear, camera and snacks etc.

We will pass through several short tunnels, so bring front and rear lights or a headlamp torch and rear LED.

British Airways baggage allowances have recently changed. You will be allowed to carry one bag only, maximum weight 23kgs, plus your bike (properly boxed or bagged for the flight), plus hand luggage. The £70 charge for flying your bike has been included in the tour cost.

Maps

Accurate detailed maps of Montenegro are not easily available. We have used ISBN 978-86-7722-290-1 bought locally in Montenegro. Black and white copies of the route will be provided.

The "Lonely Planet to Montenegro" - ISBN-978-1-74179-440-3 is a useful source of information and contains some maps.

Travel Insurance and Advice

Information on CTC Cyclecover Travel Insurance is available from CTC (0870 873 0068) or can be found at www.cyclecover.co.uk.

In addition to travel insurance, EU nationals should carry a European Health Insurance Card. This enables you to take advantage of emergency medical services free or at a discount under a reciprocal provision that exists between EU member states (valid in Croatia only). Your travel insurer may refuse to meet the extra costs of medical treatment if you do not carry this Card.

Before booking you should check the Foreign Office 'Travel Advice by Country' at www.fco.gov.uk or on 0845 850 2829.

About the leaders

We are both enthusiastic cyclists and have been CTC members for 18 years. We have led tours to many worldwide destinations, and each year we look forward to the reunion with regular travelling companions but also get great satisfaction from introducing new members to the unique camaraderie of CTC holidays. We do not have a set style of leadership but adapt to suit the needs of the group. We encourage all prospective participants to contact us to talk through the tour prior to booking.

John and Pat Ashwell

2 The Retreat, Off Camp Road, Weston-super-Mare, Somerset, BS23 2EN

Telephone: 0870 235 1356 - Mobile 07766 091627

comebiking@btinternet.com

www.comebiking.com